

e-news

April 2020

Dear APAC members,

We hope this message finds you safe and as upbeat as the circumstances allow. As the lockdown seems to extend week after week, we as teachers scramble to provide our students with a certain sense of normalcy, and to help parents cope with the responsibilities of providing their kids with engaging and educational activities, housekeeping and remote working. APAC's team has rounded up some great resources you can share with students so that they can live a bit of their days in English, helping them get into the habit of enjoying some of their hobbies or favourite activities in this language. You can also check our webpage and social networks for new resources as more educators, artists, writers and creatives share their expertise and projects with the public.

More importantly than all this, we want to send you our best wishes and ask you to look after yourselves, not just physically but also emotionally: **Yes, teachers are superheroes, but even superheroes need a break every now and then!**

*We will either find a way,
or make one*



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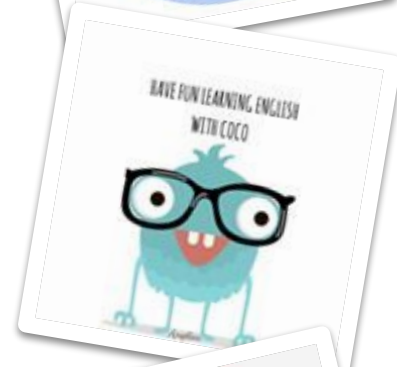
Give your students' brains a good workout

Check out the activities designed by these fab teachers from the world wide classroom. Make sure you follow them and take the opportunity to step out of your comfort zone and try out new things. So, what is the teacher community up to during the lockdown? Here are some Instagram accounts to follow for fun ideas and activities!



[@classclassyesyes](#)

Iris is a primary English teacher in Tarragona and absolutely loves picture books. Don't miss her live storytelling sessions! Also, go to her [YouTube channel](#) to watch her collection of videos on a wide variety of topics relating to teaching English in primary.



[@havefunwithcoco](#)

Angelica is an English teacher currently working as a Spanish teacher in Illinois. On her Instagram, she shares many ideas of activities to do in the primary classroom, from games to stories to read.



[@missmorality](#)

Sandra is a secondary English teacher currently teaching in Texas. On her account, she shares a variety of activities to do with TV shows and films that you can use with your teens!



[@nodnol_english](#)

In-between rocking it out helping APAC, Raquel shares in her instagram and youtube accounts plenty of pronunciation tips for you to improve your speaking, as well as posts to test your vocabulary.

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[@2profesenapuros](#)

Carlota, Anna and Ana are extremely active on social media. Check out their account for loads of fun DIY ideas, games and activities for primary and pre-primary students! They're also the organisers of the Festival **#ClaustroDelGSeQuedaEnCasa**, now in its fourth edition. Starting Saturday 4th April at 10am, tune in for hourly live sessions on a variety of topics.



[@tarrodeidiomas](#)

Laura is a Spanish teacher in the UK on her account she shares cool materials and activities to work on vocabulary. Apart from that, she's the co-founder of **@kumubox** together with Christian. Check out [their site](#) to access the webinars they're organising on a wide variety of topics!



[@parentesis.educacion](#)

Alba is a secondary English teacher in Alicante and she is always designing very creative materials and tasks for her teenage students. Check out her account for loads activities to work on the four skills in a very original way.



[@teacher.mister.alonso](#)

Mister Alonso shares links to online activities, games and workouts to practice English and PE.



[@amotivatedteacher](#)

Elisenda shares great ideas for activities and methodologies with an emphasis on wholesome contents and current issues for teens and teachers.

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Shake it! Keeping fit in English

Can you keep up with a primary PE class? Shake it until you break it with these great resources that will help your students burn out some of the extra energy:



Fun songs with cool dance moves and mindfulness activities free for families and teachers - [Let's go noodle!](#)

Meet the internet's favourite PE teacher, Joe Wicks, and join him for his live morning HIIT workout on Youtube. Enjoy the DOMS after a session of [PE with Joe](#)



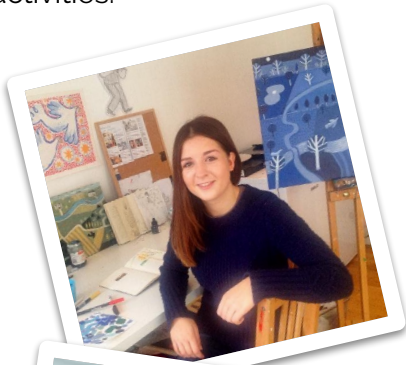
The British NHS has a great programme to help kids stay fit that includes games you can play at home, recipes to help kids be food smart, and many ideas for 10-minute shake ups with Disney characters: [Change4life](#)

[Cosmic Kids](#) has plenty of videos, games and resources to get kids (and their adults) into yoga and mindfulness from an early age.



Bring out the inner artist

Work on your creative skills and engage your budding artists through music, drawing and crafting activities:



Stef Murphy shares her supercool and easy-to-follow [drawing tutorials](#) to get everybody doodling away.



Ed Vere draws: Get your pencils ready! Every Wednesday and Friday Ed Vere will be posting simple [how-to draw videos](#). 10am GMT



Scouts UK are rising to the challenge of keeping little hands entertained, and have posted a lot of [tutorials for activities](#) to do at home and master the great indoors.



Nifty share tutorials on all things crafty and DIY via instagram and youtube.

creativebug

For more experienced crafters, [Creative Bug](#) offer a range of online lessons, including drawing, origami and knitting.



Award-winning book illustrator [Rob Biddulph](#) is sharing draw-along videos daily on his Twitter feed

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Kindle their love of reading (and rekindle yours!)

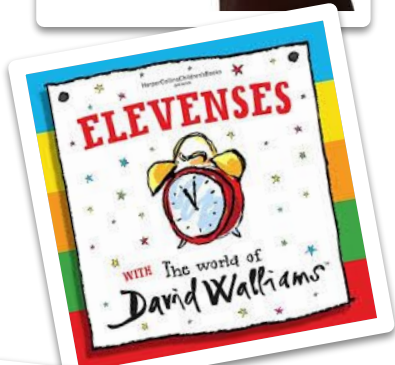
Many writers are sharing their works online, so sit back and enjoy a session of reading by a range of authors (and discover some unexpected accents!):



[Oliver Jeffers](#) reads one of his beautifully illustrated stories every day, Monday to Friday, and talks about the origins and references in each.



RJ Palacio live streams: Weekdays (from March 25) at 12pm EST, *Wonder* fans will be thrilled to hear that author RJ Palacio will be [reading the book every weekday](#) (until she finishes it!) on Twitter live! Be careful with the timezone, though!



[David Walliams's eleveneses](#): Walliams reads a story every day at eleven (that's noon for you). Enjoy Walliams' fun stories and mischievous characters.



Cressida Cowell is also sharing with you a chapter a day of her world-famous [How to Train your Dragon](#).



Oxford Owl offer many of their [books online](#) in a tablet-friendly format, featuring great series to get early readers giggling and feeling proud of their abilities.

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APAC's very own **Edward Lockhart** is reading out stories and sharing them with the community. Check out his [Twitter account](#), sit back and enjoy!

 WORLD BOOK ONLINE

[World Book Online](#) have opened up their collection of thousands of ebooks and audiobooks so that children can read at home.



Neil Gaiman reads from *The Graveyard Book*, *Coraline* and more in his [official website](#) for young readers, with great illustrations by Dave McKean.



Mac Barnett will also be reading one of his books on Instagram every day, and talking about how he wrote them.



Many children authors have chipped in to make confinement a bit more magical. You can find videos by many more storytelling videos in this [webpage](#).