



## Constitución de una cohorte de trabajadores para el estudio del efecto de la exposición a riesgos psicosociales sobre la salud mental, absentismo laboral y presentismo en España, 2016-2018

---

### *Establishment of a workers' cohort to study the effect of psychosocial risks exposures on mental health, sickness absence and presenteeism in Spain, 2016-2018*

---

**Research team:** Albert Navarro Giné, Clara Llorens Serrano, David Moriña Soler, Emilia Molinero Ruíz.

**Period:** 2016-2018.

**Funder:** Instituto de Salud Carlos III (Spanish Ministry of Economy, Industry and Competitiveness)

**Reference:** PI15/00858

This project established a longitudinal cohort of workers (2016–2018). It delivered, for the first time in Spain, a prospective analysis of the association between exposure to psychosocial risks and health outcomes, and examined sickness presenteeism, producing the first national estimates of its frequency.