



## **Condiciones de trabajo, inseguridad y salud en el contexto de la COVID-19 (COTS)**

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### ***Working conditions, insecurity and health in the COVID-19 context (COTS)***

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**Period:** 2020.

**Funder:** ISTAS, POWAH (self-funded).

COTS is an online epidemiological survey conducted 29 April–28 May 2020 among workers residing in Spain who were employed on 14 March 2020 (the day Spain's state of alarm was declared). Its objective was to characterise working conditions and health status during the early pandemic phase. The final sample comprised  $n=20,328$  participants. Key findings included marked deterioration in physical and mental health (over one third reported worse general health; 55.1% were at risk of poor mental health) and high exposure to adverse working conditions (44.0% with high job strain; 69.7% worried about wage reductions). Occupation-specific analyses showed pronounced effects among health professionals and other traditionally vulnerable groups (e.g.,

cleaning staff; grocery and supermarket workers). The project was carried out jointly with [ISTAS-CCOO](#).

[Technical report](#)