



OUTIP: Fuera de control. Análisis de la precariedad y su efecto en el bienestar psicológico de la juventud desde una perspectiva interseccional

OUTIP: Out of control. Analysing precarity and its effect on the psychological wellbeing of youth under an intersectional perspective.

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The general objective of this project is to study the impact of precarity on mental health among Spanish youth, considering the mediating role of vulnerability through an analytical intersectional framework. In particular, we would like to answer the following research question: i. how does precarity negatively influence the psychological wellbeing of young people? ii. to what extent vulnerability mediates this relationship? iii. is there any specific intersection which is

particularly vulnerable to the negative effects of precarity on psychological wellbeing?

The project will adopt a mixed-methods approach to address these questions and hypotheses. We will field an original longitudinal survey, to explore what bearing changing labour market precariousness and economic insecurity have on subjective feelings of precarity over time. A second research action will address young people's most vulnerable profiles, which might be difficult to intercept with a survey. We will use life-course interviews to reconstruct their lives and understand the intersectional complexity of their vulnerability. This will allow us to understand if specific intersections of inequalities magnifies the exposure of the person to the negative consequences in terms of psychological wellbeing determined by precarity.

Thanks to all our research actions, this project offers solid empirical evidence on a topic of unquestionable political relevance. The policy implications of the empirical evidence collected within the project will be disseminated to the public, civil society associations and policymakers with tailored actions.